



Tapping the Healer Within : Using Thought-Field Therapy to Instantly Conquer Your Fears, Anxieties, and Emotional Distress

Using Thought-Field Therapy to Instantly Conquer Your Fears, Anxieties, and Emotional Distress

In Tapping the Healer Within, Dr. Roger Callahan shows you how to harness the healing power of Thought Field Therapy on your own, to overcome phobias, anxieties, addictions, and other common psychological problems. (0809298805)

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